

THE PROFESSOR NUTZ CHALLENGE

HOW IT WORKS

Professor Nutz™, the worlds lowest calorie peanut butter, gives you the easiest way to lean up ever!

You simply replace 2 snacks per day with two teaspoons of Professor Nutz™ per snack!

Do this for 14 days.

That's it!



THE DETAILS



Replace 500 calories a day with 4 teaspoons of Professor Nutz™.

Eat the rest of your meals the same. It should look like this.

Meal 1:
Regular
Meal

Snack 1:



Meal 3:
Regular
Meal

Snack 2:



Meal 5:
Regular
Meal

Do this for 14 days.

A FEW NOTES

- 1. WEIGH YOURSELF AT THE START AND FINISH**
- 2. DO IT WITH A FRIEND**
- 3. SEND US A VIDEO**